

1, 2, 3, ∞ Notes and Quotes - Day One

INTRODUCTION TO LIVE FREE & DELIVERANCE

livefreeub.net

Discernment of Spirits, Tim Gallagher

"Ignatian Discernment," Virtual Retreat,
Diocese of Lansing (Dawn Hausman, Jenny
Ingles, [https://www.dioceseoflansing.org/
outreach-ministry/discernment-spirits-retreat](https://www.dioceseoflansing.org/outreach-ministry/discernment-spirits-retreat)

Unbound: A Practical Guide to Deliverance,
Neal Lozano

*Resisting the Devil: A Catholic Perspective on
Deliverance*, Neal Lozano

Deliverance Ministry, ICCRS

*Healing: Bringing God's Gift of Mercy to the
World*, Mary Healey

I. BORN BEHIND ENEMY LINES

Catechism of the Catholic Church (CCC),
390-401

Colossians 1:13

Romans 12:12 and 6:6

2 Corinthians 5:17

Colossians

Ephesians 4:24

John 3

Luke 10:17-24

Luke 15:3-7

II. THE BATTLE

CCC 391-39

1, 2, 3, ∞ Notes and Quotes - Day One

Matthew 24

Revelation 20

CCC 668-679 & 1039-1041

"Whatever less discerning theologians may say, the devil, as far as Christian belief is concerned, is a puzzling but **real, personal, and not merely symbolic presence**" (Pope Emeritus, Benedict XVI, *The Ratzinger Report*).

"On his own, man has not the power to oppose Satan ... but united with Jesus, we can be certain of vanquishing him. Christ is "God Who is near to us," willing and able to liberate us: that is why the Gospel really is "Good News. And that is why we must go on proclaiming Christ in realms of fear and unfreedom (Pope Emeritus, Benedict XVI, *The Ratzinger Report*).

"Through original sin, human nature has not been totally corrupted: it is wounded in the natural powers proper to it, subject to ignorance, suffering, the dominion of death, and inclined to sin - an inclination to evil that is called concupiscence. Baptism, by imparting the life of Christ's grace, erases original sin and turns man back towards God, but the consequences for his nature, weakened and inclined to evil, persist (CCC, 405).

"For the good that I wish, I do not do; but I practice the very evil that I do not wish ...I find, then, the principle that evil is present in me" (Romans 7:19, 21).

III. THE ENEMY

Matthew 4:1-11

Luke 10:18

John 12:31

Ephesians 6:11

1, 2, 3, ∞ Notes and Quotes - Day One

"The devil's finest trick is to persuade you that he doesn't exist" (Charles Baudelaire).

IV. THE STRATEGY

John 8:44

CCC 397

Exodus 20:1-3: Idols are anything we serve outside of God in an attempt to provide for ourselves pleasure, power, purpose, provision, protection

Bob Shucts who wrote "Be Healed" defines pride as "unholy self-reliance."

V. What's your apple?

Genesis 3:5

Ephesians 6:11

The Christian life is a struggle. The spirit of evil doesn't want our health, our holiness, he doesn't want our Christian witness, he doesn't want us to be disciples of Christ" (Pope Francis, April 11, 2014, <https://www.ncronline.org/blogs/francis-chronicles/devil-exists-and-doesnt-want-you-follow-jesus-pope-warns>)

VI. Deliverance is ongoing

CCC 1221

Romans 6:3-4

Colossions 2:12

2 Corinthians 3:18

1 Timothy 6

1 Corinthians 9:27

1, 2, 3, ∞ Notes and Quotes - Day One

Sources of grace

- prayer
- sacraments (especially confession and eucharist)
- wise mentors to provide us direction and counsel
- safe places of support and accountability
- study of God's word and
- study of solid doctrine
- the practices of sacrifice
- self-denial
- Service

Matthew 13:3-4

John 10:10

1 Peter 5:8

James 4:7

VII. Deliverance and healing are not the same thing

VIII. Conclusion

IX. Final Prayer

Holy Spirit, awaken in us the knowledge that we are children of God and that we can live free. We have nothing to fear. We have nothing to want for. We have everything to hope for.

Holy Spirit, teach us the truth of the Scripture, that the light has come into the world and the darkness can never overcome it. Enkindle in us the light of Christ now.

Holy Spirit, increase our faith, for St. John tells us that faith is our victory (1 John 5:4).

Inspire great confidence in us, confidence in God as Savior, as Deliverer, as Healer. Dispel any lies, any confusion, any strategy of the enemy opposing God's work in our hearts as we encounter the message of freedom.

Instill in us unwavering trust, so that we know beyond all doubt that Jesus wants to, and can, and *will* set us free from everything that binds us. Amen.